

Mina Meier

I am a Swiss dancer based in London, interested in a multidisciplinary approach to dance, always driven by creative exchange and innovative practices. In my own performance and choreography, I aim to capture the delicacy of the human experience in a minimal and soft but powerful physical language.



Date of birth	21.07.2002
Phone number	+44 7769 643856
E-Mail	mina.meier@icloud.com
Nationality	Swiss
Current place of residency	London

Education

2022-2026	BA (Hons) Contemporary Dance with Foundation Year , Trinity Laban, London
2017-2021	A-Levels, Gymnasium Neufeld, Bern (CH)
2017-2009	primary and secondary education, Bern (CH)

Language skills

(Swiss) German	first language
English	C1
French	B2
Spanish	B2

Performance experience

July 2026	Commissioned Works 2, <i>Threads</i> Stephanie Schober Bonnie Bird Theatre, Trinity Laban
May 2026	Royal Albert Hall Conservatoire Programme Performance, <i>Filo</i> Mina Meier Royal College of Music
March 2026	Prêt-à-Politisier (danced fashion show for the FINTA* politicians of the Swiss parliament) Gianna Grünig Naturhistorisches Museum, Bern (CH)
February 2026	Commissioned Works 1, <i>The End</i> TOUGH BOYS Bonnie Bird Theatre, Trinity Laban and The Playground Theatre as part of the Women's Voices Festival

January 2026	BA3 Choreography Showcase, <i>Creature of Habits</i> Georgia Lambert Bonnie Bird Theatre, Trinity Laban
October 2025	Rude Health Festival, <i>diary.</i> Harry James and Mina Meier Trinity Laban
June 2025	BA2 Dance Legends, <i>Yippee!!!</i> Lea Anderson Bonnie Bird Theatre, Trinity Laban
April 2025	BA2 Choreography Showcase, <i>Moths to a Flame/ Do you feel the beat, yeah?</i> Lily von Zweigbergk/ Reuben Sleigh-Johnson Bonnie Bird Theatre, Trinity Laban
February 2025	Colab project, <i>Unfamiliar Reflections</i> Ambar Matos Ortiz, Lindsay Lykins (USC Glorya Kaufman School of Dance) Trinity Laban
March 2024	BA1, <i>Site Specific Show</i> Simonetta Alessandri Trinity Laban
February 2024	Colab project, <i>Embodied Exploration of Gut Instinct, Grief, and the Mind</i> Sadie Grace Shelburne, Rhaine Marquardt (USC Glorya Kaufman School of Dance) Trinity Laban
November 2023	BA1, <i>Recur/Refresh/Renew</i> Clare Baker Bonnie Bird Theatre, Trinity Laban
June 2023	Foundation Year, <i>We're here now/ pulse</i> Kate Johnson/ Matthew Harding Trinity Laban
February 2023	Colab project, <i>Intergenerational Traffic</i> Xavier Williams, Timmy Blankenship (USC Glorya Kaufman School of Dance) Trinity Laban
2021	Klimahalle, <i>(OHN)MACHT</i> Lou Sommer, Mira Degelo, Zoe Baumeister, Mina Meier Reitschule Bern
2020	Klimahalle, <i>fleischig- ein Schritt aus der Masse</i> Lou Sommer, Mira Degelo, Zoe Baumeister, Luana Marti, Mina Meier Reitschule Bern

2019	dance festival Viermaltanz <i>I've got the power</i> Britta Gärtner und Regula Mahler Kreuz Kultur Solothurn
2018	theatre festival Spiilplätz AkarTeens <i>Aufgetischt</i> Britta Gärtner and Regula Mahler Tojo Theater Bern
2018	AkarWerkstatt <i>Animal States</i> Joshua Monten Werkhof 102 Bern

Choreography experience

May 2026	<i>Filo</i> (Royal Albert Hall Conservatoire Programme) Mina Meier Royal College of Music
December 2025	<i>ready or not.</i> Mina Meier Trinity Laban
April 2025	<i>loading...</i> (chosen for BA2 Choreography Showcase) Mina Meier Bonnie Bird Theatre, Trinity Laban

Programmes

October 2025- May 2026	Royal Albert Hall's Associate Artist Conservatoire Programme: Choreographer and performer in a piece in collaboration with a composer, a tar soloist and a string ensemble guided by the Royal Albert Hall's Associate Artists Rushil Ranjan, Abi Sampa, Melvin Tay and Aakash Odedra
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Workshops

Workshops as part of my education at Trinity Laban with Jannick Moth, André Rebelo, Stephen Moynihan, Kennedy Muntanga and Far From The Norm
Workshops at Tictac Art Centre in Brussels with Martin Kilvady and Julyen Hamilton
Workshops at akar Dance in Bern with Bettina Neuhaus, Sophia Rodriguez, Géraldine Chollet, Vanessa Cook and Ime Essien Hassel

Dance film

December 2024	<i>BUNNY</i> Concept, Choreography, Videography, Editing and Performance in collaboration with Madeleine Abrahams, Grace Delstanche and Maya Fish https://www.youtube.com/watch?v=_sPlsi1HJgc
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selected for the student programme of the London International Screen
Dance Festival 2025, Tate Britain x Girls in Film x Lee Miller event 2026 and
the NY92 Future Dance Film Festival 2026

Reference

Kim Amundsen (k.amundsen@trinitylaban.ac.uk)
Personal tutor at Trinity Laban